

# The Menorah

בסייד

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**Happy  
Rosh Hashanah  
5769**



Visit [www.nejc.com.au](http://www.nejc.com.au) to view this Menorah in FULL COLOUR

*Have you looked at our NEJC website ([www.nejc.com.au](http://www.nejc.com.au)) lately?*

*Did you know that you can find links to the.....*

- *Jewish Community Council of Victoria,*
- *State Zionist Council of Victoria (a great site to find out events in the wider Jewish Community),*
- *Kosher Australia,*
- *Australian Jewish News, Chevra Kadisha.....* and a variety of other related Jewish Websites?

*Also, why not try our Rabbi's new Weekly U-Tube Thought through the Rabbi's Page?*

Yom Kippur Thoughts.....

## **Dry Bones** FORGIVE ME



**The NEJC stocks a variety of Jewish cards for all occasions such as Bar/ Bat Mitzvah, Birthday, Mazel-Tov, Anniversary, Condolence etc.**

**All cards come from Gold's World of Judaica and are only \$3.25 each.**

**Cards can be purchased from Elaine at the Office during Office Hours only.**



**Israeli Dancing comes to the NEJC**

**Due to popular demand, Rosa Nathan, Israeli Dance Instructor will be leading Israeli dance classes at the NEJC from Sunday October 12th at 7.30 pm. Classes will then be every fortnight on a Sunday at 7.30pm.**

**The first lesson will be \$15.00 and then will be \$12.00 if booked in blocks of 12 sessions. All ages and abilities are welcome.**

**For more information contact the Centre office 9816 3516.**



## *President's Report*

Our Board of Management have been busy with many initiatives and the maintenance and upgrading of the Centre has been one of the priorities. The kitchen is currently being renovated and should be completed by the end of September. Our thanks go out to Ben Alexander, Mark, and Michael Katzew for their tireless effort in coordinating this project.

The shul has also been given a "new look" as the mechitza is now in place to accommodate our Ladies downstairs. It will only be used for regular Shabbat services and will be taken down for Yom Tov or other special occasions. We thank our Male congregants who have now relocated to other seats.

This year under the guidance of Rebbitzin Sara Glasman, the NEJC will be holding a Batmitzvah ceremony for our members in November. They have been having regular weekly classes to prepare them for this occasion.

We have been holding all the regular minyanim including yartzeits and my personal thanks go out to our dedicated members who are always willing to make themselves available to attend the services to ensure that we have a minyan. Their commitment provides continuity for our shul services.

This Rosh Hashanah we will be using our second new Sefer Torah acquired earlier this year. The acquisition of the second Sefer Torah has made the running of the services more efficient.

Security has always been an important aspect at the Centre and we should be constantly aware of the need to be vigilant and request that our members do their utmost to assist as well. What can you do?

You can help by:

- Ensuring that the door is properly closed when you leave the building by "testing" to see that the catch has engaged
- Make sure that the main gates are closed if you are the last to leave
- Do not leave bags or parcels lying around unattended
- Advise the office when you have a meeting at the centre
- Advise the office if you are meeting non members, tradesmen etc
- Most important – DO NOT congregate outside after the conclusion of the services
- Please cooperate with the security team. They are trained and know better.

On behalf of myself and the Board of Management we wish you all Shana Tova and well over the Fast and may this coming year bring a lasting peace in Israel and to us all.

Milton Shenker  
President



## Rabbi's Report

The recent fantastic coverage in the Australian Jewish News about our community's membership growth and the expansion of Centre programs has prompted much momentum and enthusiasm.

On Shavuot, the Centre hosted a delightful communal dinner with around 110 participants, followed by a series of talks and insights into the Torah. I spoke about a Jewish perspective on the Government's apology to the Stolen Generation, a topic which was at the centre of Australia's attention at the beginning of the year. The event was enjoyed by all who attended and the feedback to the organizers was very positive.

From the happier time of Shavuot to the sadder time of Tisha B'av (day of Jewish mourning commemorating the destruction of both the first and second Holy Temple), our community joined with members from the Kew Hebrew Congregation (KHC) to commemorate together. The event was organized to create an opportunity for us to meet KHC's newly appointed Rabbi Stephen Boroda, the first new rabbi to our neighbouring shul in 24 years.

NEJC hosted KHC members on the night of Tisha Bav for Ma'ariv and the reading of Megillat Eicha, and KHC hosted our community on Tisha Ba'v afternoon where a special video entitled "Leaving Envy Behind" was presented followed by evening services and a light dinner to break our fast. It was also a fantastic opportunity to meet members of Kew's community.

I'd also like to wish an mazel tov in advance to the families of the six girls who will be completing a year long Bat Mitzvah program under the guidance of Rebbetzin Sara. Mazel tov to Giorgia Abzatz, Michal Berson, Tahlia Briffa, Jasmine Goodrich, Alexandra Segal and Sarah Zulman together with all your family's. The Bat Mitzvah program will culminate with a fantastic ceremony to be held on November 9th. All are welcome to attend. We are also keen to provide another Bat Mitzvah program for the next group of Bat Mitzvah girls. If there is a girl in your family who will be turning 11 or 12 in 2009 until mid 2010, please contact Rebbetzin Sara for information about the program.

In the beginning of August, the NEJC hosted our second annual Young Adults Shabbaton. We had 40 participants (up from 30 last year) enjoying a scrumptious meal (thanks to Rebbetzin Sara). Following the meal we all moved to the coffee shop for desert and an open group discussion on "*Is Religion Relevant to the Facebook Generation?*" The topic stimulated much discussion and many varying opinions were expressed about the numerous issues facing young Jewish adults today.

Advancing on the technological frontier, members can now receive a weekly Jewish message from myself on Youtube (two minutes in length) by either logging onto the Centre's website ([www.nejc.com.au](http://www.nejc.com.au)) and clicking on the rabbi's page, or by subscribing via our website to have it emailed to you each Thursday.

As we approach the High Holidays, I will be fine tuning my shofar blowing skills, clearing my vocal cords for leading some of the services, and preparing a few words of inspiration which I hope will be meaningful.

May I take this opportunity, together with the Rebbetzin, to wish you all a shana tova and a year full of happiness, good health and nachas from all your family.

Rabbi Yaakov Glasman.

**TIMES OF SERVICES DURING  
THE HIGH HOLY DAYS**

**YESHURUN SYNAGOGUE  
2008 – 5768/9**

**SELICHOT:**

Saturday, September 20.....midnight  
Monday & Thursday, September 22 & 25..... 6:30 am

**ROSH HASHANAH EVE**

Monday, September 29  
Selichot.....6:15 am  
Candle Lighting.....6:04 pm  
Mincha/Ma'ariv.....6:00 pm

**ROSH HASHANAH, 1<sup>ST</sup> DAY**

Tuesday, September 30  
Shacharit.....9:00 am  
Reading of Torah.....10:00 am  
Sermon.....11:00 am  
Shofar.....11:20 am  
Musaf.....11:40pm  
Minchah followed by Tashlich.....5:00 pm  
Ma'ariv.....6:15pm  
Candle Lighting.....**Not before** 7:03 pm

**ROSH HASHANAH, 2<sup>ND</sup> DAY**

Wednesday, October 1  
Shacharit.....9:00 am  
Reading of Torah.....10:15 am  
Sermon.....11:00 am  
Shofar.....11:20 am  
Musaf.....11:40 am  
Minchah.....6:10 pm  
Maari.v.....7:03 pm  
Yom Tov ends.....7:03 pm

**FAST OF GEDALIAH**

Thursday, October 2  
Fast Commences.....4:33 am  
Selichot & Shacharit.....6:30 am  
Fast Ends.....6:54 pm

**YOM KIPPUR EVE (KOL NIDREI)**

Wednesday, October 8  
Minchah.....3:15 pm  
Candle Lighting & Fast begins.....7:13 pm  
Kol Nidrei.....7:30 pm **sharp**

ALL OTHER SERVICES NOT INDICATED WILL BE HELD AT  
NORMAL TIMES

**YOM KIPPUR**

Thursday, October 9  
Shacharit.....9:30 am  
Reading of Torah.....11:30 am  
Sermon.....12:30 am  
Yizkor (Memorial Service).....  
.....not earlier than 12:45 pm  
Musaf.....1:15 pm  
Minchah.....5:50 pm  
Neillah.....6:50 pm  
Fast ends.....8:11 pm

**SUCCOT EVE**

Monday, October 13  
Mincha / Ma'ariv.....6:15 pm  
Candle Lighting.....7:17 pm

**SUCCOT 1<sup>ST</sup> & 2<sup>ND</sup> DAYS**

Tuesday and Wednesday, October 14 & 15  
Shacharit.....9:15 am  
Minchah / Ma'ariv.....6:15 pm  
Candle lighting (Tuesday evening).....  
.....**Not before** 8:16 pm  
Yom Tov ends (Wednesday evening)....8:17 pm

**HOSHANAH RABBAH**

Monday, October 20  
Shacharit.....6:00 am  
Minchah / Ma'ariv Shemini Atzaret Eve..6:15 pm  
Candle Lighting.....7:24 pm

**SHEMINI ATZERET**

Tuesday, October 21  
Shacharit.....9.15 am  
Yizkor (Memorial service).....  
.....not earlier than 10:45 am  
Mincha & Ma'ariv / Hakafot.....7:00 pm  
Candle Lighting.....**Not before** 8:24 pm

**SIMCHAT TORAH**

Wednesday, October 22  
Shacharit.....9:15 am  
Communal Meal.....after Morning Services  
Mincha/Ma'ariv.....TBA  
Yom Tov ends.....8:24 pm

**SIGNS ON SYNAGOGUE BULLETIN BOARDS AND OTHER JEWISH THOUGHTS:**

1. Under same management for over 5,763 years.
2. Don't give up. Moses was once a basket case.
3. Shul committees should be made up of three members, two of whom should be absent at every meeting.
4. My mother is a typical Jewish mother. Once she was on jury duty. They sent her home. She insisted SHE was guilty.
5. It was meal time during a flight on El Al. 'Would you like dinner?,' the flight attendant asked Moshe, seated in front. 'What are my choices?,' Moshe asked. 'Yes or no,' she replied.
6. An elderly Jewish man is knocked down by a car and is brought to the local hospital. A pretty nurse tucks him into bed and says, 'Mr. Gevarter, are you comfortable?' Mr Gevarter replies, 'I make a nice living....'
7. Three Jewish women get together for lunch. As they are being seated in the restaurant, one takes a deep breath and gives a long, slow 'oy.' The second takes a deep breath as well and lets out a long, slow 'oy.' The third takes a deep breath and says impatiently, 'Girls, I thought we agreed that we weren't going to talk about our children.'
8. And one final favorite: A waiter comes over to a table full of Jewish women and asks, 'Is anything all right?'

# Upcoming Events at the NEJC

**Sunday September 21st at  
7.30 pm**

## **Women's Circle-**

*" Rosh Hashanah Cooking  
Demonstration with Hynda Feldman."*

Come and learn how to make traditional Gefilte Fish without buying it from Yumi's. Also learn how easy it is to make fluffy Matzo Balls without opening a packet from Osem. Learn to cook the way your grandmother did!



**Tuesday 14th October  
following the Service**

## **Succoth Kiddush**



A kiddush will be held in the NEJC Succah for all congregants attending the service.

**Wednesday, 22nd October  
following the Service**  
**Simchat Torah Lunch**

A delicious 2 course lunch will be served free of charge to all congregants on Simchat Torah.

**Sunday November 2nd at 7.30 pm**  
**Women's Circle-**

*"Medical Ethics of Botox and  
Plastic surgery"*



In 2007, Australians spent \$300 million on Botox treatment and other forms of cosmetic enhancements. In an ever increasing society of image and personal appearance, Botox and plastic surgery have become, to many, as precious as life itself. But at what cost? Join Rabbi Glasman as he elucidates the Jewish ethical guidelines of these and other procedures, and provides insight as to just where we should draw the line.

**Sunday November 9th at 3 pm**

## **NEJC Bat Mitzvah Ceremony**

To be held in the Shule. Everyone  
Welcome

## **Rabbi Glasman's shiur's continue on a regular basis**

Chumash classes - Monday nights 8 pm -  
8.45 pm

Jewish Ethics—Monday Nights 8.45 pm -  
9.30 pm

Shabbat Shiurs— 45 mins before Mincha  
once daylight savings starts (from 5th  
October).

## Hynda's Honey Cake Recipe

### Ingredients

2 eggs	1 Cup SR flour
1 cup white sugar	1 Cup plain flour
(3/4 cup honey + 3/4 cup oil) mixed	3 teaspoon coffee} mixed
2 Tablespoon cocoa	1 cup boiled water}
1/2 teaspoon Bicarb Soda	1/2 teaspoon cinnamon
Walnuts, sultanas- optional	(1x 250 ml cup measure used)

### Method

Preheat oven to 170°C. Mix all ingredients in large mixing bowl with electric beaters or wooden spoon. Pour into 2 x greased 8 inch baking tins (**not** loose bottom tins). Bake at 170°C for 15 mins and then 160°C for 45 mins or until cooked. Dust with icing sugar.

This makes 2 moist cakes that are suitable to freeze.



## *Editorial* by Hynda Feldman

The Board of Management would like to announce that for Simchat Torah, the Chatan Torah is Dr Arthur Zulman and Chatan Bereishit is Meir Birati. Mazel-tov on this honour, gentlemen.

The Board of Management have been busy trying to make the Centre a more pleasant, modern and functional place to pray, visit and hold your community and family functions. Please consider using the Centre for your next Simcha. Our fees are very reasonable for Centre Members.

On a different note, I would like to invite the community to send me information about the special occasions, awards and other interesting news that they would like to share with the broader community. Please send your information to [hfeldman@chemskill.com.au](mailto:hfeldman@chemskill.com.au) or phone me on 0418 108 340.

If anyone would like to receive the next Menorah via email, please contact me on the above email address and I will put you on the "Menorah Mailing List"



# NEJC FAMILY NEWS

## May - October 2008



### Births

#### **A hearty Mazel Tov to**

Peter and Marlene Oppenheim on the birth of a granddaughter.

Michael and Edna Samuel on the birth of a grandson.

Michael and Sharon Cohen on the birth of a grandson.

Dora Gunzberg on the birth of a grandson.

Meir and Rachel Birati on the birth of a great granddaughter

Beverley and John Davis on the birth of a granddaughter

Steven and Deanne Lentin on the birth of a granddaughter

### Engagements

#### **A hearty Mazel Tov to**

Des and Sheryl Galgut on the engagement of their son Warren to Orley Granot.

Irene Port on the engagement of her son David to Sara Hadassah Duvall.

### Marriages

#### **A hearty Mazel Tov to**

Reuven and Merle Avital on the marriage of their son Gary to Naomi Osborne.

Irene Port on the marriage of her son David to Sara Hadassah Duvall.

Motek Brajtberg on the marriage of his grandson John Belzycki to Michele Laks

### Special Anniversaries

#### **A hearty Mazel Tov to**

John and Beverley Davis on their 50th Wedding Anniversary

### Condolences

#### **We extend our heartfelt condolences to**

Marc and Samantha Teichtahl on the passing of Mark's uncle Harry Teichtahl.

Ivan and Janine Treisman on the passing of Janine's brother Hadley Cohen.

Michael and Sandra Katzew on the passing of Michael's father, Henry Katzew.

### Special Birthdays

#### **A hearty Mazel Tov to**

Beverley Davis on her 70th Birthday

### General Mazel Tov

#### **A hearty Mazel Tov to**

Helen Brustman on receiving an OAM during the Australia Day Honours 2008.

Dr Arthur Zulman for being Chatan Torah.

Meir Birati for being Chatan Bereishit.

## Friendship Club Report by Mary Hirsch

The Active and Healthy living Friendship Circle is looking for new members to join the fun. The vibrant group offers activities such as card games, making new friends and chatting over a delicious morning tea. The meetings are held every second Wednesday at no cost. If you have any queries please contact Elaine at the office.

## Youth Report by Michael Densham

"Hi everybody,

Firstly, I implore everybody who would love to get involved in any youth events and social gatherings to email me at [mikedensham@hotmail.com](mailto:mikedensham@hotmail.com) (and if possible put the subject as NEJC).

The umbrella of youth covers pre-teens to early adulthood, and events will be age specific.

Secondly, anyone over the age of 18 who is interested in purely social gatherings on Thursday evenings (which involves trivia at a nearby pub) please contact me...we have lots and lots of fun, and attract quite a crowd!!

Hope to see you all soon"

## Property Report by Michael Katzew

Exciting property news at our Centre! We have a new kitchen so our Shabbat and Yom Tov meals should be even tastier. Come and have a look at the kitchen next time you visit the Centre.

Our next property project is to retile the toilet floors and spruce up the toilets.

## "Holocaust Education: an Imperative for All" by Aaron Densham

Every year, Jewish year 11 students from around Australia and New Zealand have the opportunity to participate in a trip known as the March of the Living. It is a three week journey to Poland and then onto Israel, learning, commemorating and attempting to further understand the tragedy of the Shoah (holocaust) and the existence of what once was a thriving and irreplaceable Polish Jewish culture and community. I attended the trip as a year 11 student in 2003 and was fortunate enough to embark on this trip once again earlier this year as a Madrich (youth leader).

The trip resounds with decisive messages and lessons. Shoah education is not only an imperative for the exclusive lesson of remembering and transmitting the conscious memory of such a tragedy from generation to generation. It is imperative for the lessons and messages that it hopes to instill in its students. Remembering for the sake of remembering is not enough and cannot be justified. Experiencing for the sake of experiencing is not always enough either. We undergo experiences (either positive or negative) for the sake of learning from them and we remember in order to learn from the lessons of the past to ensure a changed (and hopefully better) future. A collective experience such as March of the Living is no different. The variety of critical life messages and lessons we learn from the Shoah and a trip like March of the Living such as; the importance of Judaism, acceptance and love, the power of youth, the importance of community and Israel, appreciation of family and friendship, and many more, are there for us to internalise and act upon. Everyone on the trip took such messages and lessons from their experiences of which I hope will influence the way they make future decisions and choices and will remain central in their lives into the future.

## A Note on Jewish Education

I believe it's fair to say that the single most important thing we can give our children as a foundation in their Jewish lives is a solid Jewish education. However, we must also be realistic about the fact that private Jewish education can be very expensive and may also be somewhat difficult to provide considering the relative distance that Jewish families in this area live from most of the Jewish day schools.



It is therefore a true blessing for our community that we have UJEB (United Jewish Education Board), a highly reputable organization which provides quality Jewish education to children of all ages who are studying locally in the public education system. UJEB conveniently operates locally from the NEJC every Sunday morning and is run by experienced, skilled and highly dedicated educators who are genuinely committed to providing the very best Jewish education of their students. UJEB classes are considerably more affordable and are means tested ensuring an open door policy for all Jewish families.

As the Rabbi of our community, I cannot emphasize enough the importance of ensuring a proper Jewish education for every child. I call upon you to please take the time to think about any family or friends you may know living in this area who you feel may benefit from the services that UJEB provides. One single phone call can literally change a young child's life. More information about UJEB and the services they provide can be found at [www.ujeb.org](http://www.ujeb.org).

Thanking you,

Rabbi Yaakov Glasman

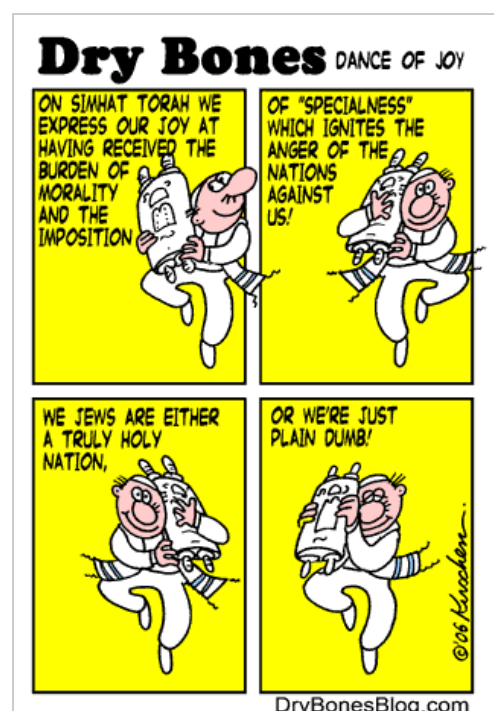
### **SIMCHAT TORAH LUNCHEON**

**The NEJC will be holding a free Luncheon for the Community following the Simchat Torah morning service. A delicious lunch will be served.**

**Please join in this special community celebration to**

**honour our**

**Chatan Torah - Arthur Zulman**



## Events at the NEJC

### Women's Circle-Lets Laugh– July 6th

Bronwyn Roberts from Laughter Yoga Victoria had 20+ ladies in fits of laughter, all for the sake of our good health and wellbeing. Research shows that a simple smile and a daily dose of laughter can:-

Reduces stress

Is good for your heart

Boosts the immune system

Is a great aerobics workout

Re-energizes the body and soul

Is highly contagious and easily shared

Reduces blood pressure

Makes you feel great

Improves circulation

Is fun and its FREE

Helps you think clearly and creatively

For more information check out the website [www.lets laugh.com.au](http://www.lets laugh.com.au)



Lets Laugh together

Bronwyn Roberts

"I feel so much better now"

### Personal experience from one of the participants of the Young Adults Shabbaton

On the 1st of August 2008, the NEJC staged their annual Young Adult's Shabbaton. I would just like to thank Rabbi and Rebbetzin Glasman and anyone else who played an integral part in organizing this event. This year managed to attract a larger attendance, which was great. Hopefully this will prove to be the trend for the functions held in the years to come.

The topic of conversation "Is Religion Relevant to the Facebook Generation" struck up great discussion. I found it very interesting to hear everyone's varied thoughts on such a topic and how it relates to us in today's society.

More than anything else, staging events like these creates a great way for people to network with other Jewish people within our area. With times like these where we have experienced a decline in the number of Jewish people in the area, functions like this get everyone together.

Once again, 'Great Job!'

Melvyn Port,

## Golden Wedding Anniversary Celebrations for Long-standing NEJC Members - John and Beverley Davis

John and Beverley Davis got married at the ages of 22 and 19, at the Great Synagogue, Sydney, on 24 August 1958.

Both John and Beverley, and their children Deborah, Benjamin, and Daniel, were born in Sydney. On their return to Australia in 1971, after a stint in New York, the family came to Melbourne and settled in Camberwell. They joined the North Eastern Jewish community, attending the last service in the old house and the first in the new building.

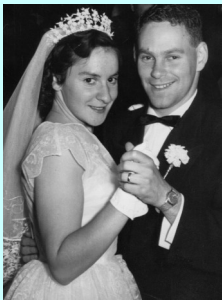
Over the years, John and Beverley established and ran the North Eastern Jewish Centre's Lending Library, the Junior Tennis Club, joining the Board of Management, and being regular shul attendees, among many other activities.

The North Eastern Jewish Centre has seen the bar mitzvahs of Ben and Danny; the bat mitzvah of Debbie and Steve's daughters Rosalie and Rachel; Ben's wedding to Chris; the bat mitzvah of their daughter Lucy, and the bar mitzvah of their sons Alex and James (with David's due in 2 years). John and Beverley chose to mark their anniversary weekend by sponsoring a special Shabbat Kiddush and using the main function hall for a party for their friends and relatives.

And their secrets on staying married for 50 years?

Lots of hard work! Also love, passion, commitment, affection, communication, friendship, respect, and most importantly, a sense of humour!

24.08.1958



24.08.2008



## Photo Gallery



Rabbi Glasman presented the Jewish perspective of the Noahide Laws at a multifunction event entitled "Faiths Seeking Understanding - How Different Are We?". Presenters from the Christian and Hindu faiths were **Pauline Smit** (far left) and **Nivedita Chaitanya** (2nd from left). The function was chaired by **Rev. Greg Reynolds**



Helen Brustman and husband John after Helen received her Order of Australia Medal at Government House, by the Governor of Victoria on September 11th 2008.